

FITNESS IN ACQUA

Vers. 24/08/2026

	VASCA	<u>LUNEDI'</u>	<u>MARTEDI'</u>	<u>MERCOLEDI'</u>	<u>GIOVEDI'</u>	<u>VENERDI'</u>	<u>SABATO</u>	<u>DOMENICA</u>
Acqua_ALTA	GRANDE	400 13,15__		401 19,35__ 405 20,20__		403 11,00__		
BIKE	MEDIA	410 11,00__ 412 13,15__		418 18,45__ 420 19,30__ 422 20,15__		409 11,00__ 424 13,15__ 419 18,45__ 421 19,30__ 423 20,15__		
GYM	MEDIA	460 10,15__ 442 18,30__ 452 19,15__ 454 20,00__		432 10,15__ 462 18,50__	436 13,15__ 457 18,30__ 463 19,15__ 467 20,00__		COGNOME NOME	
TRAINING	MEDIA			411 11,00__ 413 13,15__	450 11,00__ 451 13,15__			
WATER CROSS TRAINING	MEDIA		427 19,30__					
GESTANTI	MEDIA		482 11,45__ 484 17,30__		483 11,45__ 485 17,30__			
AFA	MEDIA	520 09,00__ 519 12,00__ 521 15,10__	514 09,00__ 515 10,00__ 517 15,20__	520 09,00__ 518 12,00__ 521 15,10__	514 09,00__ 515 10,00__		517 15,20__	
FUNZIONALE	MEDIA		512 11,00__		513 11,00__			